



الكفايات العملية لتخصص: التمريض والقبالة

Clinical Procedures

- At the end of the second year, nursing students will be able to perform the following procedures
 1. Perform an occupied bed
 2. Perform an open (unoccupied) bed
 3. Perform a post anesthesia (surgical) bed
 4. Offer bed pan and urinal for patient.
 5. Perform eye care for unconscious patient.
 6. Provide oral care for unconscious patient.
 7. Perform hair shampoo.
 8. Perform bed bathing technique.
 9. Perform an infant bathing.
 10. Back massage
 11. Apply taking and recording of oral temperature.
 12. Apply taking and recording of rectal temperature.
 13. Apply taking and recording of Axillary temperature.
 14. Obtaining the client's pulse.
 15. Obtaining the client's apical pulse.
 16. Perform respiratory rate assessment.
 17. Perform blood pressure assessment.
 18. Perform steps of measuring height and weight of an adult.
 19. Perform steps for measuring height, weight and head circumference of an infant
 20. Put patient in supine position with support
 21. Put patient in prone position with support
 22. Put patient in lateral position with support
 23. Transferring patient from bed to chair
 24. Moving patient up on bed



جامعة البلاط التطبيقية
وحدة التقييم والامتحانات العامة
الدائرة الفنية وتكنولوجيا المعلومات
امتحان الشهادة الجامعية المتوسطة



25. Help patient to sitting position in bed
26. Apply hot bag.
27. Apply cold compresses
28. Apply ice bag.
29. Perform medical hand washing technique.
30. Perform surgical hand washing technique
31. Wear a protection (isolation) barrier.
32. Donning and removing sterile gloves.
33. Open a sterile package
34. Obtain a specimen of wound drainage(swap culture).
35. Clean a wound and applying sterile dressing.
36. Apply steps of removing suture.
37. Assisting the adult patient to eat.
38. Provide care for patient with nasogastric tube.
39. Removing nasogastric tube.
40. Give feeding through nasogastric tube
41. Give medication through nasogastric tube
42. Provide gastric lavage.
43. Insert rectal tube .
44. Perform rectal enema (commercially type).
45. Collecting stool specimen for analysis and culture.
46. Perform collecting urine specimen for culture.
47. Perform collection urine for analysis.
48. Provide care and remove a Foley's catheter.
49. Obtain sputum for culture and sensitivity.
50. Administer oxygen therapy by mask.
51. Administer oxygen therapy by nasal cannula
52. Administer an oral medication.
53. Preparing medication from vial and ampoule.
54. Perform the administration of intramuscular injection.





55. Perform the administration of subcutaneous injection.
56. Perform the administration of intradermal injection.
57. Administer topical eye medication.
58. Administer topical dermal medication
59. Administer topical Nose medication.
60. Administer topical Ear medication.
61. Administer ventolin Nebulizer and inhaler medication.
62. Apply bandage for hand and foot

Midwifery Program

Clinical Procedure

▪ At the end of the third year, midwifery students will be able to perform the following procedures

1. Take a comprehensive, holistic history from a pregnant women
2. Assess head and neck of the pregnant women
3. Perform breast examination
4. Prepare and performing abdominal examination of a pregnant women
5. Assess and examining lower extremities of a pregnant women
6. Prepare and performing per vaginal examination.
7. Prepare for delivery for primagravida, multigravida women.
8. Perform mechanism of delivery.
9. Perform cord clamping.
10. Perform delivery of the placenta
11. Examine the placenta.
12. Assess the mother in fourth stage of labor.
13. Perform active management of the third stage of labor
14. Assess mother in the postnatal period.





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- 15. Perform initial assessment of newborn “ Apgar score”
 - 16. Perform a comprehensive physical assessment of newborn
 - 17. Assess primitive neurological reflexes of newborn
 - 18. Assess and perform growth monitoring.
 - 19. Prepare and perform child immunization.

